

# Thomas R. Williams

Thomas Williams is an NFL Player Engagement Ambassador, author, speaker, and philanthropist who ignites and inspires audiences to embrace their own greatness. Thomas works with athletes, students, and professionals challenging them to push beyond a mundane lifestyle and enter into a life of GREATNESS.

In 2008, after playing for the University of Southern California Trojans, Thomas entered the National Football League when he was drafted by the Jacksonville Jaguars. As he played for the Jaguars, New England Patriots, Buffalo Bills and Carolina Panthers, Thomas mastered four principles that influenced his careers on and off the field: goal setting, leadership, accountability, and fostering winning team cultures. These principles are at the very core of his programs.

Only 1% of college athletes will go pro, but 100% of ALL athletes will retire. Thomas' passion for helping college student athletes to see beyond the scoreboard comes from his personal journey as he transitioned from a successful football career to fulfilling his life's purpose, motivating and encouraging others in transition. He wants to instill in every student the understanding that greatness does not exist in the jersey, greatness exists in the athlete.

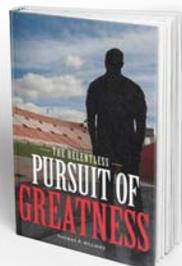


## I CAN...I WILL...I DID!



### Transitioning to Life After Sports:

- Athletic Identity vs. Personal Identity
- Preparing for the Career and Life You Want
- Transferrable Skills
- Social Media Presence
- Networking



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As always, Thomas was impressive with his well-researched material, contagious energy, and dynamic presence. Incorporated in this was Thomas's personal, athletic, and professional background, which allowed him to unabashedly relate to a niche population with humility and poise.

~ John Mosbach, University of Arizona

Thomas did an outstanding job conveying the importance of preparing for the future and life after sports while our student athletes are still in school. His personal story resonated well with our students and he was able to fully connect with everyone in the room, grab their attention, and get them to fully participate in his sessions.

~ Magdi El Shahawy, University of Southern California

I owe a majority of my success in the business world to Thomas Williams. His knowledge and passion taught me invaluable leadership skills. Being a former athlete, Thomas connected my experience in athletics with an ability to succeed in the business world. I approach each day with the mentality Thomas preaches, making every day a WINS DAY.

~ Terrell Turner, University of Oregon, Student Athlete

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